

**YMCA of Georgia Piedmont  
Brad Akins Branch**



**Cheer & Tumbling  
Parent Handbook  
2020**



## **Your Responsibility** **And the YMCA Commitment**

**Thank you for enrolling your child into our sports program. We believe everyone's involvement is critical for the success of this program and character development of each child involved.**

### **YMCA Commitment**

- 1. Use sports to teach Christian values, character development and skill development.**
- 2. Provide coaches with age appropriate materials.**
- 4. Provide a safe and clean environment.**

### **Participant's Responsibility**

- 1. Listen.**
- 2. Be respectful.**
- 3. Put forth best effort.**

### **YMCA's Responsibility**

- 1. Encourage and instruct players in a positive manner.**
- 2. Respond to situations in a positive way that reflects the mission and values of the YMCA.**
- 3. Teach the fundamentals of cheer & tumbling.**

### **Parent Responsibility**

- 1. Encourage your child to play sports and increase self-esteem.**
- 2. Assist the instructor whenever needed.**
- 3. Help your child understand the valuable lessons sports can teach.**
- 4. Get your child to every practice possible.**



## **BRAD AKINS YMCA YOUTH SPORTS**

### **Code of Conduct**

**Brad Akins YMCA seeks to instill positive character-building traits in our communities' youth through the demonstration of good sportsmanship, respect for others, responsibility, fairness, caring and good citizenship. We ask that parents and their guests attending YMCA sponsored events help us by reflecting these character traits at games.**

**When attending YMCA sponsored events, I therefore agree:**

- **I will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game, practice or other sporting event.**
- **I will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing, taunting or using profane language or gestures, etc.**
- **I will not encourage any behaviors or practices that would endanger the health and wellbeing of the athletes.**
- **I will teach my child to play by the spirit of the rules and to resolve conflicts without resorting to hostility or violence.**
- **I will demand that my child treat other players, coaches, officials and spectators with respect regardless of race, sex, or ability.**
- **I will never ridicule or yell at my child or other participant for making a mistake or losing a competition.**
- **I will respect the officials and their authority during games and will never question, discuss, or confront coaches or referees at the game field, and will take time to speak with coaches at an agreed upon time and place.**
- **I will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the team.**
- **I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.**

**I also agree that if I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary action that could include, but is not limited to the following:**

- **Verbal warning by official, head coach, and/or member of league organization**
- **Written warning**
- **Parental game suspension with written documentation of incident**
- **Parental season suspension**



## **Class Focus**

**At the beginning of each Cheer & Tumbling season, instructors will focus on building a strong foundation in each participant. Classes will be centered on tumbling fundamentals, motions and technique. As the season progresses, cheer fundamentals and routines will be introduced to further build a strong base for cheer & tumbling. Finally, as each participant is confident and knowledgeable in their sport, the instructors will introduce and teach a cheer & tumbling routine for participants to perform at the end of the season showcase.**

## **Monthly Payment Sessions**

**New in Spring 2020, all participants who register for Cheer & Tumbling will be registered automatically for each monthly session for the season. Payment will be drafted from the card on file on the last Friday of the previous month. If payment is not made before the start of the new month, you may not participate in classes until payment is made. If at any time you wish to withdraw from the program, you must do so in writing to [rebekah@gapiedmontymca.org](mailto:rebekah@gapiedmontymca.org).**

## **Uniforms**

**Cheer & Tumbling uniforms will be ordered by the YMCA in October for the December Showcase. Uniform top and bottoms will be black, poms and bows will be red and white. More information on ordering will be given out in September.**

## **Showcase**

**The YMCA Cheer & Tumbling program is proud to present the participant's hard work at the end of each season with a showcase. The Fall showcase takes place in December, and the colors are black, red and white. Parents are asked to make a \$5 donation to the program to purchase supplies and goodie bags for the participants.**



## **YMCA Sports Parent Tips**

- **Respect the sport.** Learn the fundamentals and respect the instructor's time with participants.
- **Encourage all participants.** If we ask for our players to be good sports, we also expect parents to conduct themselves in a manner that aligns with our philosophy. Cheer for your child and others and lift participants up when they fail.
- **Emphasize FUN.** Participants want to enjoy cheer & tumbling with their friends and peers. Fun should be the first priority.
- **Volunteer.** Help out the instructors by helping with communication and by being present at both practices and the showcase.

## **Supplies & Equipment**

What to bring to practices/showcase:

- Athletic clothing or leotard
- Water bottle
- Poms

## **Classroom Rules**

Please be respectful of the YMCA facilities and help us create a safe and clean environment for children to play in by abiding by these rules:

- Smoking is prohibited on YMCA property
- No pets are allowed on YMCA property
- Please silence cell phones and take any calls outside the tumbling room.
- COVID-19 update: due to restrictions and limitations related to the pandemic, spectators will not be permitted in Cheer & Tumbling classes.