



American Red Cross

Junior Lifeguard Certification Course

Registration Form

Name _____

Address _____ City _____ State _____ Zip _____

Phone _____

Email _____

DOB ___/___/_____ Age _____

(Please make sure you provide the best address in order to mail certification cards.)

Emergency Contact Name _____

Emergency Contact Cell Phone _____

Any physical concerns that we should be aware of?

All participants under 18:

Parent Name _____

Parent Cell Phone _____

Friday, February 17 9am-4pm
Saturday, February 18 12pm-5pm
Monday, February 20 9am-4pm

Member price: \$85 **code 6410**
Non-Member price: \$115 **code 6410**

YMCA MISSION: "To put Christian principles into practice through programs that build healthy spirit, mind and body for all."



American Red Cross Guard Start Program

Parents,

Let your child learn valuable safety skills over the holidays while you are at work! Participants will need to bring their own lunch and snacks.

This is a American Red Cross Program that teaches children ages 11-14 basic lifeguarding, first aid, and safety skills that will be needed to be a lifeguard once they turn 15. The course is three days with advancements in skill levels each day. This course will also certify the participants in American Red Cross Basic First Aid and CPR.

Participants learn the following skills:

- Preventing aquatic emergencies
- Supervising others around the water
- Developing swimming skills
- Developing physical fitness
- Responding to emergencies
- Providing care
- Communicating effectively
- Making decisions
- Becoming a leader
- Serving the customer
- Getting a job
- Gaining Lifeguard experience
- Providing community service

The course is administered over three days:

Friday, February 17 9am-4pm
Saturday, February 18 12pm-5pm
Monday, February 20 9am-4pm

Registration includes all three days of the course, as well as the course booklet.

Member price: \$85

Non-Member price: \$115

Please ask the instructor about the potential to move to the next skill level

For questions please call 770-868-2917 or email Marde at marde@gapiedmontymca.org.

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