

NOVEMBER

Porcelain Press



YMCA CHRISTMAS HOUSE

EXTRAVAGANZA

November 21, 2010
2:00 to 4:00

**FOOD, FUN, GAMES,
SWIMMING AND SO MUCH
MORE!!!**



**Open to the
Community
@ Brad Akins
Branch**

THANKSGIVING POT LUCK

Make sure to join the family
Friday, November 12 at 6:00pm
for the annual
YMCA Family Thanksgiving Pot
Luck Dinner.

The YMCA provides the turkey, you bring your family's favorite dish to share. Come fellowship together with other members as we kick off the holiday season with a big pot luck dinner for the whole YMCA FAMILY! Please RSVP with the Welcome Center.



Dazzle Days

@ Brad Akins Branch

Join us for fun filled days at the Y while school is closed. Day includes snacks, daily devotions, games, and tons of other activities.

7:30am to 6:30pm
\$25 for the day



November 2	Dazzle Day @ Brad Akins Branch	7:30 -6:30pm
November 12	YMCA Family Thanksgiving Pot Luck Dinner R.S.V.P @ Welcome Center	6:00pm
November 22-26	NO TENNIS LESSONS	
November 22-26	Dazzle Days @ Brad Akins Branch	7:30 -6:30pm
November 24	YMCA closes at 9pm	
November 25	YMCA Closed for Thanksgiving	
Ongoing Events:		
Mon, Thurs	Tennis Lessons	5:00-9:00pm
Wednesdays	Silver Sneakers	10:30am

Beginning November 14th the Riverwalk YMCA will be closed on Sundays until pool season 2011.

Health/Wellness EVENTS(Open to All): @ Brad Akins Branch

November 2	Lunch & Movie Maintain Optimal Health As Years GO By bring your lunch	12:30pm
November 4	Beans, Bears and Band aids, Health fair toy drive & Chili cook-off	4-7pm
November 8	Smoking Cessation Class Part 1	5-7pm
November 11	Obesity & Related Gastrointestinal Diseases Dr. Aja McCutchen	12:30pm
November 15	Smoking Cessation Class Part 2	5-7pm
November 16	Hearing Aids Dr. Doug Chung	12:30pm



Look for our "family friendly" logo to denote a activities and classes for the whole family!

